

You Have a "New" Reason to Ouit Tobacco

Make the Commitment to Yourself & the Ones You Love to be Tobacco Free

Not sure how to quit? We have a solution, it's called QuitWell™. Not sure you can afford a tobacco cessation program? QuitWell™ is offered absolutely FREE.

Not sure you can do it alone? You will have your own certified Tobacco Cessation Coach that will help you along the way. Call and enroll TODAY! You and your loved ones will be happy you called!

2024 Tobacco Surcharge - Reasonable Alternative

Tobacco users: Get help to quit tobacco - and avoid the tobacco surcharge - when you:

- Indicate during annual enrollment that you and/or any covered family members use tobacco;
- 2. Enroll in QuitWell™ (even if you are already enrolled) between October 16 and November 30, 2023; and
- 3. Complete four of five coaching calls by March 1, 2024

YOU CAN DO IT.

Sign up today to receive your free kit! Coaching calls can be made at a time convenient for you.

Enroll Today @ CoreHealthyLife.com/HealthCoaching

or call 800.345.2476 and press 1



