



# Breathe Easy

If you enroll in a Lubrizol medical plan and you or any covered family member uses tobacco, you will pay a \$35 tobacco surcharge every pay period. Tobacco use is defined as smoking tobacco in any form, such as cigar, pipe, cigarette (including herbal) or hookah, or using a smokeless tobacco product such as chewing tobacco or snuff, more than once during the last six consecutive months.

## **2021 Tobacco Surcharge – Reasonable Alternative**

Tobacco users: Get help to quit tobacco — and avoid the tobacco surcharge — when you:

1. Indicate during annual enrollment that you and/or any covered family members use tobacco;
2. Enroll in Smokeless® (even if you are already enrolled) between October 19 and December 1, 2020; and
3. Complete four of five coaching calls by March 5, 2021

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### **MAKE TOBACCO A THING OF THE PAST.**

Sign up today to receive your free kit! Coaching calls can be made at a time convenient for you.

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**Enroll Today @ [HealthyLife.com/LubrizolEssentialsSmokeless](https://HealthyLife.com/LubrizolEssentialsSmokeless)**

or call 800.345.2476 and press 1

*Lubrizol*

**Essentials**

