This insurance coverage includes certain limitations and exclusions. The certificate details all provisions, limitations, and exclusions for this insurance coverage. A copy of the certificate can be obtained from your employer beginning in 2019.

## GROUP LONG TERM DISABILITY INSURANCE

## GENERAL EXCLUSIONS

- You must be under the regular care of a physician to receive benefits.
- You cannot receive disability insurance benefit payments for disabilities that are caused or contributed to by:
- War or act of war (declared or not)
- The commission of, or attempt to commit a felony
- An intentionally self-inflicted injury
- Your being engaged in an illegal occupation


## PRE-EXISTING CONDITIONS

- Your insurance excludes the benefits you can receive for pre-existing conditions. In general, if you were diagnosed or received care for a condition before the effective date of your certificate, you will be covered for a disability due to that condition only if:
- You have not received treatment for your condition for 90 days before the effective date of your insurance, or
- You have not received treatment for your condition for 90 days after the effective date of your insurance, or
- You have been insured under this coverage for 365 days prior to your disability commencing, so you can receive benefits even if you're receiving treatment, or
- You have already satisfied the pre-existing condition requirement of your previous insurer


## LIMITATIONS

- Mental Illness Limitation. If you are disabled because of Mental Illness, benefits will be payable for a maximum of 24 months in your lifetime, unless at the end of that 24 months, you are confined to a hospital or other place licensed to provide medical care for your disability.
- Substance Abuse Limitation. If you are disabled because of alcoholism or use of narcotics, sedatives, stimulants, hallucinogens or other similar substance, benefits will be payable for a maximum of 24 months in your lifetime, unless at the end of that 24 months, you are confined to a hospital or other place licensed to provide medical care for your disability.


## OFFSETS

- Your benefit payments will be reduced by other income you receive or are eligible to receive due to your disability, such as:
- Social Security disability insurance (please see next section for exceptions)
- Workers' compensation
- Other employer-based insurance coverage you may have
- Unemployment benefits
- Settlements or judgments for income loss
- Retirement benefits that your employer fully or partially pays for (such as a pension plan)
- Your benefit payments will not be reduced by certain kinds of other income, such as:
- Retirement benefits if you were already receiving them before you became disabled
- Retirement benefits that are funded by your after-tax contributions your personal savings, investments, IRAs or Keoghs profit-sharing
- Most personal disability policies
- Social Security cost-of-living increases

This example is for purposes of illustrating the effect of the benefit reductions and is not intended to reflect the situation of a particular claimant under the Policy:

| Insured's monthly [Pre-Disability Earnings/Basic Monthly Pay] | $\$ 3,000$ |
| :--- | ---: |
| LTD Benefit Percentage | $60 \%$ |
| Unreduced maximum benefit | $\$ 1,800$ |
| Less Social Security Disability benefit per month | $-\$ 900$ |
| Less state disability income benefit per month | $-\$ 300$ |
| Total amount of LTD benefit per month | $\$ 600$ |

This policy provides disability income insurance only. It does NOT provide basic hospital, basic medical or major medical insurance as defined by the New York Department of Financial Services.

