

Benefit Awareness News

Tips and tools for our members.



Make the most of your health benefits.

Even the most informed health care consumer has questions at times. That's why we created *Benefit Awareness News* for our members. This quarterly eNewsletter brings you tips that can help you make the most of all that your health benefits offer.

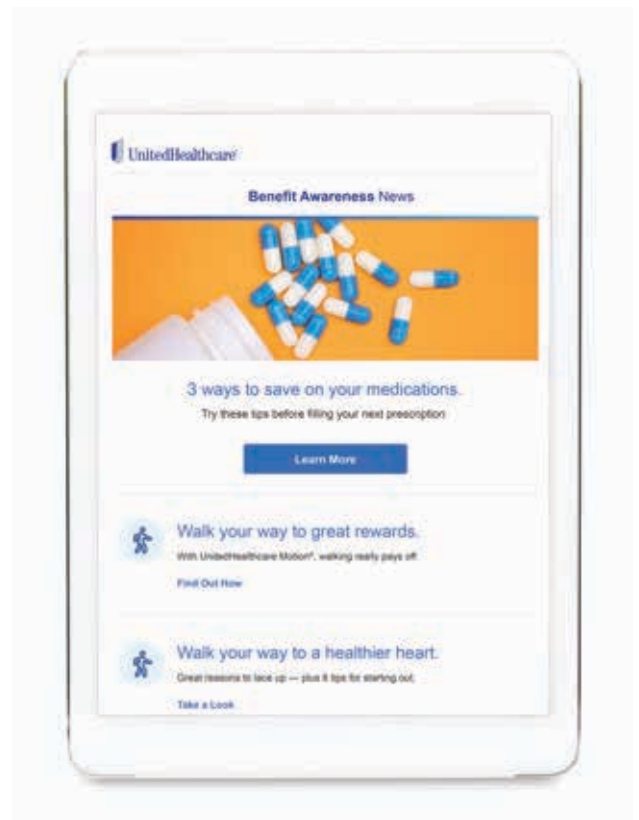
Want to better understand your benefits? Looking for ways to manage your health while keeping your health care costs down? Wonder what services and tools are available to you? *Benefit Awareness News* can help. Each issue includes information on topics such as:

- How deductibles and out-of-pocket costs work.
- Understanding claims and Explanation of Benefits.
- Working with your doctor.
- Getting approvals for upcoming treatments.
- And so much more!

Benefit Awareness News will come directly to your email inbox each quarter.

Sign up for Benefit Awareness News today—there's no cost to you.

If you are a new member, register on myuhc.com® to begin getting the newsletter.



Benefit Awareness News may not be available to members of UnitedHealthcare Oxford, UnitedHealthcare of River Valley, UnitedHealthcare Signature Value and Neighborhood Health Partnership.

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us, such as letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the member toll-free phone number listed on your ID card.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文(Chinese)，我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

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